

# MENTAL HEALTH GRANTS 2009-10

## GUIDANCE

Please read these programme guidelines before submitting an expression of interest.

### 1. Mental Health Grants Programme Background:

This is the second year of a 3 year small grants programme funded by the Heart of Birmingham Teaching Primary Care Trust and managed by The Digbeth Trust with support from The Health Exchange CIC. The programme is open to voluntary and community organisations based in the Heart of Birmingham Teaching Primary Care Trust area with an annual turnover of less than £1million.

### 2. Programme Aims:

The aim of this programme is to improve the mental health and wellbeing (low level anxiety and depression) of the community by funding projects that:

- develop activities (advice and advocacy for example), within the voluntary and community sector that can promote access to services and health promotion, promote understanding and wider public engagement.
- enable community organisations to contribute to the health improvement agenda and begin to develop an evidence base to demonstrate what works.
- enable individuals to come together to meet, learn from each other and develop mutual understanding.
- develop new approaches to mental health issues.
- gather more robust statistical evidence of need that may support (larger) future proposals.
- meet at least one of the key priorities and recommendations laid out in the Everyday People Strategy, Birmingham's overarching mental health promotion strategy.

Projects must meet at least one of the programme aims above.

The community benefiting from the Mental Health Grants programme 2009-10 must be residents of the Heart of Birmingham Teaching PCT area only and includes:

- patients
- carers
- the wider public

### 3. What Kind of Organisations Are Allowed to Apply:

**3.1** Applications will only be accepted from organisations that meet **all** of the criteria set out below:

Eligibility Criteria	Tick Here if You Meet This Criterion
Be a voluntary or community not-for-profit organisation with an appropriate signed governing document (e.g. written constitution, memorandum & Articles of Association)	
Be based in the Heart of Birmingham Teaching Primary Care Trust area (see below)	
Be able to demonstrate that you are committed to equality of opportunity	
Have a bank account in the name of the organisation	
Have a financial system requiring two signatures for the writing of cheques and/or authorisation of payments electronically	

We particularly welcome applications from smaller voluntary and community organisations. Organisations with an annual income of **more than £1m** are **NOT** eligible to apply.

**3.2** The Heart of Birmingham Teaching Primary Care Trust area covers the following Birmingham wards:

**Aston, Handsworth Wood, Ladywood, Lozells and East Handsworth, Nechells, Oscott, Perry Barr, Soho, Sparkbrook and Springfield.**

You can check which ward you are in by visiting the following website and entering your postcode:

[https://www.birmingham.gov.uk/mandofoms/servlet/com.mandofoms.server.MandofomsServer?MF\\_XML=bccpostalcodelookup3&MF\\_DEVICE=HTML](https://www.birmingham.gov.uk/mandofoms/servlet/com.mandofoms.server.MandofomsServer?MF_XML=bccpostalcodelookup3&MF_DEVICE=HTML)

If you are not sure if your idea or organisation is eligible you should contact The Digbeth Trust and we will discuss it with you.

### 4. How Much Can You Apply For?

The maximum grant is £7000 but your submission should include realistic estimated costs and a clear budget breakdown in order to demonstrate value for money. This is what the Grant Assessment Panel will be looking for when assessing each expression of interest.

## 5. What Can You Apply For?

Grants awarded will be one-off small grants. Applications should therefore be for activities that meet one or more of the programme aims shown in Section 2 above.

Projects funded in Round 2 for 2009-10 can run between the following dates:

**Earliest Start Date: 18<sup>th</sup> March 2010**  
**Latest Completion Date: 3<sup>rd</sup> February 2011**

## 6. What Can You Not Apply For

You will not be able to apply for funding for the following things:

- activities which are part of your organisation's existing core work;
- activities where provision already exists in the local area, delivered by either the public or voluntary sector
- activities which have been funded or commissioned previously by other Heart of Birmingham Teaching Primary Care Trust grant programmes. These include the programmes managed by The Digbeth Trust (e.g. Healthy Lifestyles, Health & Regeneration and Health and Community Engagement Grants).

## 7. Application Process:

We anticipate that there will be more applications than there is money available to fund, so we have introduced a two stage process to minimise the work for applicants:

- (1) **All applicants must attend a briefing session, or have attended a briefing session in previous years or rounds**, and submit the Expression of Interest form outlining what they would do with the grant on the form provided. The forms are only available at the briefing sessions. A Panel, made up of representatives from Heart of Birmingham Teaching PCT, The Digbeth Trust, The Health Exchange and relevant voluntary and statutory sector organisations, will then select projects to take through to the full project proposal stage. The budget is limited and so the panel must make decisions based on which projects most closely fit the programme aims, are the most innovative, achievable and will make the most impact in addressing the mental health and wellbeing of the community.

**The Deadline for return of the completed Expression of Interest form is:**

**Round 2: 5pm on Thursday 29<sup>th</sup> October 2009**

- (2) The organisations invited to submit detailed proposals will receive help to develop their ideas and submit their full applications.

## 8. **What To Do If You Are Interested in Applying:**

If you have an idea that clearly meets the programme aims (Section 2) and your organisation is eligible (Section 3) you can:

- a) Book onto one of the briefing sessions listed on the booking form and send this back to the Digbeth Trust either by post or email. You will be given the expression of Interest form and other documentation on attending.
- b) If you have already attended a briefing session you will be sent the expression of interest form with supporting information. Fill out the expression of interest form and send a signed copy to:

### **Mental Health Grants 2009-10**

The Digbeth Trust  
Unit 321  
The Custard Factory  
Gibb Street  
Birmingham B9 4AA

## 9. **More Information:**

For more information about the Mental Health Grants programme please contact:

**The Digbeth Trust**

Telephone: 0121 753 0706

Email: [info@digbethtrust.org.uk](mailto:info@digbethtrust.org.uk)

or visit the Digbeth Trust website:

[www.digbethtrust.org.uk](http://www.digbethtrust.org.uk)

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**Mental Health Grants 2009-10 is funded by:**

**Heart of Birmingham Teaching**



**Primary Care Trust**

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